

# NEWPORT CITY ELEMENTARY SCHOOL

# February

February 1, Jay Peak, Grades 5 & 6  
February 1, Walk To School Day  
February 3, Field Trip Grade 5, Flynn Theatre 9:00-3:30 pm  
February 6, Board Meeting, Library 6:00 pm  
February 10, Professional Learning, **NO SCHOOL**  
February 14, Parent's Club Meeting, Library, 6:00 pm  
February 15, Gr. 4-6<sup>th</sup> grade Music Festival, Concert at 6:30  
February 16, Jay Peak, Grades 5 & 6  
February 16, Act 46 Community Forum 6-7:30 pm  
February 20, Board Meeting, Library 6:00 pm  
February 27-March 7, Winter Break, **NO SCHOOL**



## KINDERGARTEN-MS. AUDETTE'S CLASS

Ms. Audette's kindergarten class made snow globes as part of their penguin unit. The students had a great time!





### *Walk to School Day:*

February 1<sup>st</sup> is Walk to School Day at Newport City Elementary. We will continue our imaginary walk on the long trail to Emily Proctor Shelter. You may join a walking group at the courthouse at seven o'clock, Sunset Terrace and East Main at seven thirty or Blake Street at seven thirty. You may also join a group anywhere along our routes. An adult will be leading each group but feel free to walk along with your child. This is a voluntary activity. The buses will still be running their regular schedule. If school is delayed because of the weather, the Walk to School Day will be canceled. Thank you.

The 5th and 6<sup>th</sup> grade students had a wonderful time at Jay Peak skiing and snowboarding.





The Golden sneaker award goes to Ms. Scherer's 5<sup>th</sup> grade class once again for having the most students to participate in the Walk to School Day! Congratulations!!!



Christina Tetreault and Ashley Christiaanse have put up the January perseverance bulletin board in the cafeteria. Our thought for the board is centered around the "Power of Yet".

Students can write something that they will keep trying to accomplish onto a paper star to hang.

Here is one of our own, Ashley Christiaanse who was caught exhibiting some perseverance on the gym floor with her first graders!

# IT'S ALL ABOUT



## We All Can Learn Math!

Dr. Jo Boaler, a professor at Stanford University in California, has done a great deal of research on how we learn math. She and many others have concluded that the way we think about math directly affects our achievement. She has four Mathematical Mindsets that she believes have a huge impact on our ability to learn math.

1. **Everyone can learn math to high levels.** Just like professional athletes Michael Jordan or Johnny “Hockey” Gaudreau, we need to practice, work hard and never give up.
2. **Belief in yourself.** Jo Boaler’s research concludes that when you believe in yourself your brain operates differently. “When people change their mindsets and start to believe that they can learn to high levels, they change their learning pathways (Blackwell, Trzesniewski, & Dweck, 2007) and achieve at higher levels.” (J.Boaler, 2015)
3. **Mistakes Grow Your Brain.** It’s okay to make mistakes when you are learning math because we now know that it causes synapses to fire in our brain which makes our brain grow. Struggling and making mistakes are a good thing and it helps us to learn math more deeply.
4. **Speed is Not Important.** You don’t need to be fast to be good at math. Some of the best mathematicians admit they work slowly in order to think deeply to understand the math concept. It is far more important to think visually and to make connections when learning math than it is to be fast.

So, the next time you come across a challenging math problem, remember, believe in yourself, take your time, tell yourself you can do it and it’s okay if you make a mistake.  
(For more details about each of the four believes, visit [www.youcubed.org](http://www.youcubed.org).)



### **Food Shelf Donation**

Throughout the month of December, the Bully Busters, a strong group of sixth graders who are using leadership skills to strength a safe and responsible school climate, organized and lead a school-wide food drive. On December 16, the students deliver 25 boxes of food to the United Church of Newport Food Shelf. A thank you is extended to all our families that donated non-perishable food items. Ms. Miller's Sixth Grade Class brought in the most food items and celebrated with a pizza party.



### **Umatter**

On Tuesday, January 31, four members of the Bully Busters attended a leadership conference in Montpelier. Joining 100 middle and high school students from around the state, Nyla Rossi, Aleena Kears, Keifer Moses, and Connor DeLabruere learned about building healthy communities, supporting peers and promoting mental health wellness. Through various workshops the young people learned about mindset, assessing personal strengths, resiliency, stress, self-care, strength and risk-based coping skills and signs of distress and help-seeking. The team has a \$500 grant to initiate a community-based project to share their information.

Education opens minds but spirituality opens hearts so that we feel and empathize. Malika E Nura quotes

# VALENTINE'S LUNCH

Date:  
Tuesday  
Feb 14th



## Menu

Cupid's Favorite Roast Pork w/Gravy  
"Be Mine" Chef's Mashed Potatoes  
"Sweet" Glazed Carrots  
"Hearty" Dinner Roll  
Valentine's Dessert



Please tear off and return to school before feb 7th

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Class: \_\_\_\_\_ # of adults Attending \_\_\_\_\_



**\$3.75 for Adults, students and siblings under 18 are free**